

Witton Church Walk CE Aided Nursery & Primary School
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*'Where Every Door is Opened and
Every Gift Unlocked'*

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Friday 20th May 2022

Dear Parent/Carer

Next half term, we will be looking at Changes (including Relationships and Sex Education) in your child's PSHE lessons in school.

The lessons on changes focus on different types of changes that can happen in our lives and how to cope with change. We teach Relationships and Sex Education (RSE) because children can start to go through puberty from the age of 7/8 (Year 3) and the physical and emotional changes that take place can be very confusing, and even frightening, if they do not accurately understand what to expect.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices.

Children need help to make sense of the messages they may have picked up (including from the media) about our bodies, puberty and how a variety of relationships work. Being aware of and able to talk about their body, relationships and feelings is vital for children to stay safe and seek help if needed. Relationships and Sex Education (RSE) is important to help and support children through their physical, emotional and moral development. It helps children to grow up able to enjoy the positive benefits of loving, rewarding and responsible relationships. It makes sure they are informed and comfortable with their bodies; that they understand the changes during puberty; that they are healthy and are physically and emotionally safe.

Our RSE will be delivered in a way that affords dignity and shows respect to all that make up our diverse community. It will not discriminate against any protected characteristics in the Equality Act and will be sensitive to the faiths and beliefs of those in the wider school community. Our resources and content have been carefully selected to ensure they are age-appropriate and sensitive to the needs of the learners in each class. All the planning and resources are available on request from the school office.

Parents can withdraw their children from all or part of Sex Education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the school's sex education programme please arrange an appointment with your



child's class teacher before Thursday 26th May. These lessons will not begin until after Friday 17th June to give ample time to discuss the content and delivery of these lessons with your child's class teacher. Parents/carers are not able to withdraw pupils from RSE that arises incidentally as part of any curriculum area, provided that such discussion is relatively limited. Nor can parents withdraw their children from National Curriculum Science lessons which covers the biology of humans or lifecycles of a human.

Kind Regards,

Sian Simcock

PSHE / SRE Lead

