



Witton Church Walk CofE Aided Nursery and Primary School

Mental Health and Wellbeing offer

At Witton Church Walk C of E nursery and primary school we have a strong community from SLT, staff and governors to promote the mental health and wellbeing of all stakeholders

FAMILIES

Parental engagement—open door policy

Effective relationships

Access to policies

PTA—Parent Teacher Association

Range of communication—twitter, Instagram, website, email

Signposting to relevant services—GP, groups, support services, Samaritans, CAHMS

Parent workshops

PROCEDURE

If a member of staff is concerned about the mental health and well being of a pupil they should notify a member of the team both verbally and through CPOMs.

If there is a concern that the pupil is high risk or in danger of immediate harm then the child protection procedure should be followed and the designated safeguarding lead to be notified.

If the child presents a high risk medical emergency, relevant procedures should be followed, including the emergency service if necessary.

CHILDREN

Inclusive approach—each child to be treated as an individual

Broad and balanced curriculum offer

Staff who smile, listen and respond

Effective pastoral team offering an array of programmes

Mindfulness practices

Positive feedback when marking

Daily mile

Special assembly, star of the week, birthday, star of the day and attendance

School council

Attendance monitoring and procedures

Referrals made to external agencies - CAHMS, Early help, school nurse

Event days—Anti-bullying, Children in Need,

STAFF

Stable staffing profile

Activities to inspire well-being—yoga, early leave days, specific INSET days

Self care; personal responsibility is encouraged

Access to coaching, counselling and mentoring

Strong friendships encouraged

Openness and honest is established building trust